



# The Cantin Ketogenic Diet For Cancer, Type 1 & 2 Diabetes, Epilepsy & Other Ailments

*Elaine Cantin*

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**The Cantin Ketogenic Diet For Cancer, Type 1 & 2 Diabetes, Epilepsy & Other Ailments** Elaine Cantin  
This book is about my son's journey with type I diabetes & my own journey with aggressive breast cancer. It is about how I linked type I diabetes with epilepsy and how this helped me link cancer with epilepsy as well.

Then I modified the traditional ketogenic diet used at Johns Hopkins Medical Centers to treat epilepsy and I created my own version of the ketogenic diet. I used my own modified version of the diet, to make my breast cancer tumor disappear in about two weeks and I also used my diet for my son who is type I diabetic and was able to make him eat without needing any insulin, without doing any calorie restrictions.

This is my diet of hope, along with the research that comes from my heart, that I am sharing with you.

"Let food be thy medicine and medicine be thy food." ~Hippocrates

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