



Japanese Martial Arts

Sensei Neil Horton

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This illustrated book is a thorough and authoritative guide to all the major forms of martial arts that have emerged from Japan, covering the culture, application and forms of dozens of disciplines from Judo to Jojutsu, Aikido to Sumo, Karate to Kyudo. Neil Horton is a highly experienced martial artist and founder of the Martial Arts Brotherhood.



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