



How to Be an Elder: Myths and Stories of the Wise Woman Archetype

Clarissa Pinkola Estés

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Dr. Clarissa Pinkola Estés Presents Volume Five of the Dangerous Old Woman Series

"What makes an elder, a heartfelt spirit, a clear mind, a talented heart, one who is young while old and old while young, an activist for the Soul? Is it formulae, schemas, lexicons? It could be. But also, and often more so, I think it is very like the flowering of the trees in the forest, as we gather more years: we straggle and stride onward in our better learned ways to give out even more seeds for new life, and to blossom wildly in so doing for self and others ... The old ones are yet traveling underground and overland toward us as we meet one more time: La Vidente, the Seer; La Que Sabe, the Knowing Woman; La Levantadora, the Lifter of Curses-the Dangerous Old Woman in her many likenesses calls to you to 'get down to business.'" (Clarissa Pinkola Estés, PhD)

How to Be an Elder presents the culmination of Dr. Clarissa Pinkola Estés' masterwork, inviting us to "come into our own as wiser and wild souls" through six sessions of teachings, stories, poetry, and blessings. In this fifth and final volume of Dr. Estés' landmark series, we will explore how it is that through the gathering of our years we become a beautiful refuge for ourselves, our Souls, and for those who come after us.

"Did I mention, dear brave souls," reminds Dr. Estés, "that you came with all the seedlings needed to do your work, to take your venerable places in life? Now is the just-right time, like Sleeping Beauty, to break the enchantment, to truly awaken and awaken others, as either a rookie Dangerous Old Woman, or a mid-career Dangerous Old Woman, or as Crone with Crown complete!"

Stories, poems, and blessings Include:

- A Simple Prayer for Remembering
- El Arbol de la Vida: The Tree of Life
- Blessing Prayer: "Tattoo Your Scars with Flowering Vines"
- "Sleeping Beauty"
- Blessing Prayer: "Do Not Fold Your Wings So Small"
- "The Shoebox of Tangled Necklaces"
- "Rumpelstiltskin"
- Blessing Prayer: "May You See with Three Sets of Creator-Blessed Eyes"
- "Rapunzel"
- "The Loathly Bride"
- Blessing Prayer: "You Shall Be Like a Volcano Heard From Afar"
- "This Little Time Traveler"
- "The Stolen Mother Moon"
- Blessing Prayer: "The Hardening off of the Heartwood"
- "Distilling Aunt Edna from the Bottle"
- "The Rabbi's Advice to the Harried"
- "A Handful of Mud"
- "Baucis and Philemon"

- Blessing Prayer: "The Mountain for Old Lovers"

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Charles Malone:

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James Williams:

How to Be an Elder: Myths and Stories of the Wise Woman Archetype can be one of your starter books that are good idea. We all recommend that straight away because this reserve has good vocabulary that can increase your knowledge in terminology, easy to understand, bit entertaining but still delivering the information. The copy writer giving his/her effort to set every word into pleasure arrangement in writing How to Be an Elder: Myths and Stories of the Wise Woman Archetype yet doesn't forget the main level, giving the reader the hottest along with based confirm resource information that maybe you can be considered one of it. This great information can certainly drawn you into brand-new stage of crucial considering.

Sue Joseph:

In this time globalization it is important to someone to find information. The information will make a professional understand the condition of the world. The healthiness of the world makes the information much easier to share. You can find a lot of recommendations to get information example: internet, classifieds, book, and soon. You can observe that now, a lot of publisher in which print many kinds of book. The book that recommended to your account is How to Be an Elder: Myths and Stories of the Wise Woman Archetype this reserve consist a lot of the information of the condition of this world now. This particular book was represented how does the world has grown up. The dialect styles that writer value to explain it is easy to understand. The actual writer made some study when he makes this book. Honestly, that is why this book acceptable all of you.

Sheila Messina:

As we know that book is significant thing to add our knowledge for everything. By a guide we can know everything we really wish for. A book is a group of written, printed, illustrated or blank sheet. Every year has been exactly added. This publication How to Be an Elder: Myths and Stories of the Wise Woman Archetype was filled regarding science. Spend your extra time to add your knowledge about your scientific research

competence. Some people has several feel when they reading a new book. If you know how big good thing about a book, you can sense enjoy to read a reserve. In the modern era like now, many ways to get book you wanted.

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