



Raising a Happy Child: A Practical Guide

Ronald Hirsch

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The myth of childhood is that it is a happy, carefree time. But typically it is neither carefree nor happy; it is fraught with insecurity. *Raising a Happy Child* seeks to change this fact of human development.

Why do children suffer this fate? What becomes of our lives is overwhelmingly a function of learned experience ... from our family, our peers, and the larger culture ... but first and foremost from our parents. The vast majority of parents are good people and would not do anything intentionally to harm their child. But parents are people who are a function of their own upbringing and learned experience. They have their own fears, frustrations, angers, and desires. And they see things through the lens of that experience and those emotions, which in turn impacts how they interact with their children. The result is children who do not feel loved unconditionally, are as a consequence insecure, and grow up to become insecure adults who do not love themselves unconditionally. This is the primal basis of our fears and neuroses.

But this does not mean that parents should simply lavish praise on their children, give them what they want, or be uncritical of their children. Direction and criticism are important parental functions; the question is how they are given, in what context. *Raising a Happy Child* seeks to provide parents with the means to step outside themselves, to be able to experience their child, themselves, and the world around them mostly free of their learned experience and emotions, thus enabling them to provide their children at all times with the nurturing and unconditional love they need to be happy and secure.

The book then guides parents through the critical development stages of a child's life, providing advice on how to address the significant issues that arise at each stage within the context of unconditional love. *Raising a Happy Child* seeks nothing less than to fundamentally alter the quality of the relationship between parents and children, and thus change the way children relate to themselves and the world around them.

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Robert Thompson:

People live in this new day of lifestyle always try and and must have the free time or they will get lots of stress from both day to day life and work. So , if we ask do people have extra time, we will say absolutely of course. People is human not really a robot. Then we ask again, what kind of activity are you experiencing when the spare time coming to you actually of course your answer may unlimited right. Then ever try this one, reading guides. It can be your alternative throughout spending your spare time, typically the book you have read is definitely Raising a Happy Child: A Practical Guide.

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Is it anyone who having spare time subsequently spend it whole day simply by watching television programs or just lying down on the bed? Do you need something new? This Raising a Happy Child: A Practical Guide can be the reply, oh how comes? A fresh book you know. You are and so out of date, spending your free time by reading in this new era is common not a nerd activity. So what these publications have than the others?

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