



Flash in the Pan: What to cook, and how

Tushita Patel

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Traditionally, cookbooks in India are written either by chefs with instructions down to milligrams or by aunties, grande dames of cuisine for whom a dinner party is nothing less than a seven-course affair with plate changes, fish forks and napkins. In between lies a generation of Indians who don't really care for perfection, but aspire towards fun in the kitchen by cooking for friends and family. Flash in the Pan is for those urban Indians who have been exposed to international dining experiences, but who are confident enough to flaunt their home food, and eventually their own home cooking. It's a modern recipe book which guides the reader towards easy, but not boring, ghar-ka-khana type cooking. It's about flashy recipes that are surprisingly simple. The main influences in this book have come from the author's travels which have mainly been determined by food, and by friends who are often great home cooks.

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