



**Integrated Head Massage: Therapeutic techniques  
from Indian and Japanese head massage,  
acupressure and cranial-sacral therapy (Massage  
Series from [www.learnandenjoy.com](http://www.learnandenjoy.com) Book 3)**

*Danny Demeersseman*

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# **Integrated Head Massage: Therapeutic techniques from Indian and Japanese head massage, acupressure and cranial-sacral therapy (Massage Series from www.learnandenjoy.com Book 3)**

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Integrated Head Massage is the 3rd eBook in the Massage Series from www.learnandenjoy.com.

This therapeutic head massage course is a collection of amazing massage techniques available from Indian and Japanese Head Massage supplemented with acupressure points, Cranio-Sacral Therapy and energetic healing.

It is a step by step guide for a facial and head massage completed with basic chest, shoulders and neck massage techniques. The massage is safe, simple to learn and above all effective.

A head massage has great benefits for the body and mind. Recommended for headaches / migraine relief, sinus relief, depression, insomnia, neck / shoulder pain, relaxation and pain relieve.

The massage is performed with the client lying on a futon or massage table. Most of the techniques can also be applied with the client sitting on a chair.

The description of each head massage technique includes one or more clear photos.

For a better result we recommend a back-belly-head massage. Check out our 2nd massage eBook called Abdominal Massage Course: Belly massage for constipation, detox, back pain or weight loss. The head and the belly are strongly related.

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