



Always-Only-One: A Dialogue with the Essence of Nondual India

Robert Wolfe

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"The real I is always there. It is here and now. The Self is unlimited, and is not confined to the body. There is *always only one*, and that is the Self." —Ramana Maharshi

The core of this book is a commentary on the Ashtavakra Gita. Such spiritual luminaries as Ramana Maharshi, Vivekananda and Ramakrishna have dipped from the Ashtavakra Gita's well of wisdom. Neem Karoli Baba deemed it "the purest of scriptures." *Always-Only-One* also collates the essentials of the teachings of the Diamond Sutra, the Mandukya Upanishad. And, as if in dialogue with the question, *How can I be Self-realized?*, selectively collates quotes from Ramana Maharshi on several key related themes of his nondual teachings.

It is a condensed dialogue on Self-realization with essential texts from the springs of Indian nondual perceptions by the author of the Amazon bestseller *Living Nonduality*.

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