



## Journey Beyond the 12 Steps

*Mike Olson*

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## **Journey Beyond the 12 Steps** Mike Olson

This book is intended for people in recovery from alcoholism and addictions that wish to pursue their recovery to find out some of the “whys” of their addictions and to give some direction to find solutions, giving them a better chance against relapse and the ability to live a better life. Understanding some of the personal problems that might have drawn us into addiction gives us the chance for positive change, leading us into a more peaceful and productive life.

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