



# Walking on Water When You Feel Like You're Drowning: Finding Hope in Life's Darkest Moments

*Tommy Nelson, Steve Leavitt*

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Today more people than ever are suffering from emotional distress. Whether they are dealing with depression, anxiety, obsessiveness, fear, worry, or stress, their lives are limited and compromised by the ill-effects. People who suffer from emotional distress often feel isolated and unloved, either by God or by others, and often believe that there is no hope and no way out.

There is good news, however! A truly biblical approach to healing emotional distress focuses on a holistic cure that integrates the mind, body, and spirit. Even when we feel truly alone, God is holding us in His hand. Even when we feel truly hopeless, God offers comfort and purpose. And even when we feel like we will never escape the pit of emotional distress, God sets our feet on firm ground and promises to never let us go. No matter what we have been through or what we are going through now, God can bring critically needed healing and transformation into our lives when we adjust what the authors refer to as “stinkin’ thinkin’.”

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#### **Matthew Waddell:**

A lot of people always spent their own free time to vacation or even go to the outside with them household or their friend. Do you realize? Many a lot of people spent these people free time just watching TV, or perhaps playing video games all day long. If you want to try to find a new activity this is look different you can read a book. It is really fun in your case. If you enjoy the book which you read you can spent the entire day to reading a e-book. The book Walking on Water When You Feel Like You're Drowning: Finding Hope in Life's Darkest Moments it is quite good to read. There are a lot of folks that recommended this book. These were enjoying reading this book. In case you did not have enough space to develop this book you can buy often the e-book. You can m0ore quickly to read this book from your smart phone. The price is not to fund but this book provides high quality.

#### **Phyllis Kelly:**

The reason? Because this Walking on Water When You Feel Like You're Drowning: Finding Hope in Life's Darkest Moments is an unordinary book that the inside of the book waiting for you to snap the item but latter it will surprise you with the secret the item inside. Reading this book beside it was fantastic author who also write the book in such amazing way makes the content inside of easier to understand, entertaining means but still convey the meaning entirely. So , it is good for you for not hesitating having this any more or you going to regret it. This excellent book will give you a lot of benefits than the other book have such as help improving your talent and your critical thinking method. So , still want to postpone having that book? If I were being you I will go to the guide store hurriedly.

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tend to be make you bored, any it can make you feel happy, fun and relax. Try to choose the best book for yourself and try to like reading that.

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