



# The Garden of the Soul: Cultivating Your Spiritual Life

*Keri Wyatt Kent*

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## **The Garden of the Soul: Cultivating Your Spiritual Life** Keri Wyatt Kent

Work. Parenting. Chores. These words can fence in your life. The demands on your time and energy too often leave you feeling depleted. How do you foster spiritual growth amid the realities of life today?

Confession, solitude, service, studying the Word, praying, simplifying. Keri Wyatt Kent introduces these disciplines--the practices that foster a flourishing, fruitful garden within your soul. In *The Garden of the Soul* Kent explores how common disciplines of gardening parallel these necessary habits of spiritual life. As you work with God to create the right conditions in the soil of your soul, growth will follow. And the harvest will be glorious.

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