



# A Principle of Recovery: An Unconventional Journey Through the Twelve Steps

*Jack Grisham*

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## **A Principle of Recovery: An Unconventional Journey Through the Twelve Steps** Jack Grisham

A guided journey through the 12 Step process. A Principle of Recovery is a look at sobriety through the eyes and heart of Jack Grisham--lead singer of the punk band T.S.O.L., and the author of 'An American Demon'. Grisham has been clean and sober since January 8th, 1989. This book cuts through the myths and misconceptions of what it is to live in recovery and gives us a glimpse into the freedom that being sober can bring. An agnostic libertarian Grisham challenges some of the "cult" like practices in today's groups and encourages you to think for yourself, live without fear, and tap the resource of power that resides within us all. Warning, this book is dangerous to those who enjoy being sheep.

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