



Your Green Abode: A Practical Guide to a Sustainable Home

Tara Miner

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Featured in the *Mother Earth News* Green Energy and Great Homes e-newsletter

Featured on *Alternet's* Environment page

A down-to-earth guide to giving your home, condo, or apartment an eco-makeover.

Promotes conservation practices for any home.

Provides tips that save money as well as carbon emissions.

Real-world advice for busy people on a budget.

Author Tara Rae Miner encourages readers to start small, do what interests them, and handle only what they can afford. The process of greening a home is the process of getting to know a home, and Miner guides readers through different areas, distilling research and advice on everything from window and paint options to more effective ways to recycle to the benefits of planting a garden. With chapters on the home-planet connection, saving energy, and setting policies for a Personal Clean Air Act; she presents important information on reducing energy bills, ways to measure your carbon houseprint, and how to eliminate toxic chemicals from your life (be gone, vinyl shower curtains!). *Your Green Abode* is for real people who want easy-to-understand choices that make their homes a little more earth-friendly -- without signing off on a second mortgage. It's about having realistic expectations and goals, and keeping a sense of humor while learning what makes a home tick.

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