



The Perfection Point: Sport Science Predicts the Fastest Man, the Highest Jump, and the Limits of Athletic Performance

John Brenkus

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In *The Perfection Point*, John Brenkus, host and creator of ESPN's Emmy Award-winning "Sport Science," uses hard data and scientific research to uncover the absolute limits of human performance. The *Perfection Point* is ideal for sports fans interested in the scientific basis of athletic excellence and a fascinating read for science fans interested in the physics of sports.

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