



# Reach Your Dreams: Five Steps to be a Conscious Creator in Your Life

*Ph.D Alice Chan*

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## **Reach Your Dreams: Five Steps to be a Conscious Creator in Your Life** Ph.D Alice Chan

Do you have a picture of your dream, but feel uncertain-or even afraid-of what it'd take to make it real? Do you feel an inner nudge to do something, but have no clear idea of what it is, let alone what to do? Are you frustrated with seemingly just marking time in your life, but don't know what you really want or what changes to make? Are you tired of wondering why things seem to just happen to you and wishing you had more control over your own destiny? Are you simply looking for a concise roadmap to raise your consciousness in how you live? If your answer to any of these questions is yes, this book has your answers!

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Spent a free time for you to be fun activity to perform! A lot of people spent their leisure time with their family, or their particular friends. Usually they performing activity like watching television, planning to beach, or picnic inside park. They actually doing same task every week. Do you feel it? Will you something different to fill your own personal free time/ holiday? Could be reading a book could be option to fill your totally free time/ holiday. The first thing that you will ask may be what kinds of publication that you should read. If you want to try look for book, may be the reserve untitled Reach Your Dreams: Five Steps to be a Conscious Creator in Your Life can be great book to read. May be it is usually best activity to you.

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