



# Sexuality and Disability: A Guide for Everyday Practice

Elaine Cooper, John Guillebaud

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#### Sexuality and Disability: A Guide for Everyday Practice

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Sexuality and Disability: A Guide for Everyday Practice Elaine Cooper, John Guillebaud Sexuality is an integral part of every person, but it is often difficult for people with a physical and/or learning disability to express their sexuality as they wish. Many health professionals, and others such as social workers, are uncertain or uneasy about these issues, and find it difficult to address the sexual needs of their clients with disabilities. This book provides a clear explanation of the issues concerning sexuality and disability for all professionals working in these sensitive areas. Using case studies, Sexuality and Disability enables doctors and nurses in general practice and family planning, physiotherapists, occupational therapists, health visitors and other health professionals and social workers, to acknowledge and address the sexual needs of people with disability, and improve access to sexual health for their patients or clients. 'I heartily welcome this book and commend it to you. Elaine Cooper and John Guillebaud have compiled a unique and valuable resource that not only covers every disability but presents everything in such a matter of fact and reasonable way. From the foreword by Morgan Williams, former director of the Committee on Sexual Problems of the Disabled



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