



Addiction Treatment Homework Planner (PracticePlanners)

James R. Finley, Brenda S. Lenz

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Help clients suffering from chemical and nonchemical addictions develop the skills they need to work through problems

The *Addiction Treatment Homework Planner, Third Edition* provides you with an array of ready-to-use, between-session assignments designed to fit virtually every therapeutic mode. This easy-to-use sourcebook features:

- Updated assignments, 10 new assignments in five new problem areas, and new secondary exercises for many problems
- 88 ready-to-copy exercises covering the most common issues encountered by clients suffering from chemical and nonchemical addictions
- A quick-reference format?the interactive assignments are grouped by behavioral problems including alcoholism, nicotine dependence, and substance abuse, as well as those problems that do not involve psychoactive substances, such as problem gambling, eating disorders, and sexual addictions
- Expert guidance on how and when to make the most efficient use of the exercises
- Assignments that are cross-referenced to the *The Addiction Treatment Planner, Third Edition*?so you can quickly identify the right exercise for a given situation or behavioral problem
- A CD-ROM that contains all the exercises in Microsoft Word format?allowing you to customize them to suit you and your clients' unique styles and needs

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